COVID-19 JIC UPDATE 4/1/2020

Governors Press Conference
At today’s press conference Gov. Reynolds focused on mental wellbeing. IDPH Director Gerd Clabaugh talked about self care to include getting information from trusted sources, unplugging from the news, staying healthy by making sleep and exercise priorities, and practicing good hygiene. He and the governor mentioned in particular ensuring our older family members and neighbors have mental health support, as well as those with pre-existing conditions, children, and teens. Dir. Clabaugh urged medical professionals and first responders to learn the symptoms of traumatic stress and to reach out for help if needed. One other group that was mentioned was people who have problems with alcohol, drugs, gambling, mental health or suicidal thoughts. Resources are available at yourlifeiowa.org.

Governors Press Releases

Additional COVID-19 cases in Iowa, additional deaths confirmed

DES MOINES - The Iowa Department of Public Health (IDPH) has been notified of 52 additional positive cases of Iowans with COVID-19, for a total of 549 positive cases. According to IDPH, 2 additional deaths were reported; one elderly adult (81+) in Polk County, and one elderly adult (81+) in Washington County. There have been a total of 7,304 negative tests to date, which includes testing reported by the State Hygienic Lab and other labs.

According to IDPH, the locations and age ranges of the 52 individuals include:

- Cerro Gordo County, 1 adult (18-40 years)
- Clayton County, 1 elderly adult (81+)
- Clinton County, 1 adult (18-40 years)
- Dallas County, 1 adult (18-40 years), 1 older adult (61-80 years)
- Des Moines County, 1 middle-age adult (41-60 years)
- Dubuque County, 1 middle-age adult (41-60 years)
- Harrison County, 1 older adult (61-80 years)
- Henry County, 1 adult (18-40 years), 1 older adult (61-80 years)
- Iowa County, 1 adult (18-40 years)
- Jasper County, 1 middle-age adult (41-60 years)
- Johnson County, 1 adult (18-40 years), 1 middle-age adult (41-60 years), 1 older adult (61-80 years)
- Linn County, 2 adults (18-40 years), 2 middle-age adults (41-60 years)
- Madison County, 1 older adult (61-80 years)
- Mitchell County, 2 middle-age adults (41-60 years)
- Muscatine County, 1 middle-age adult (41-60 years), 1 older adult (61-80 years)
- O’Brien County, 1 middle-age adult (41-60 years), 1 older adult (61-80 years)
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- Polk County, 1 middle-age adult (41-60 years), 3 older adults (61-80 years), 1 elderly (81+)
- Pottawattamie County, 1 child (0-17 years)
- Poweshiek County, 1 older adult (61-80 years)
- Scott County, 2 middle-age adults (41-60 years), 1 adult (18-40 years)
- Story County, 2 older adults (61-80 years)
- Tama County, 1 middle age adult (41-60 years), 2 older adults (61-80 years)
- Van Buren County, 1 older adult (61-80 years)
- Warren County, 1 adult (18-40 years)
- Washington County, 1 adult (18-40 years), 5 middle-age adults (41-60 years), 2 older adults (61-80 years), 1 elderly adult (81+)

A status report of monitoring and testing of COVID19 in Iowa is provided by IDPH and can be found here. In addition, a public hotline has been established for Iowans with questions about COVID-19. The line is available 24/7 by calling 2-1-1 or 1-800-244-7431. The state of Iowa has started sharing the number of negative tests conducted at outside labs, and is providing additional information on the conditions of those infected with COVID-19.

Note: Upon further case investigation, a positive case identified as a Washington County resident was determined to be a resident of Keokuk County. Maps at the IDPH webpage and coronavirus.iowa.gov will be updated to reflect the new information.

Gov. Reynolds will hold a press conference today at 2:30 p.m. The press conference will be livestreamed and posted in full on Governor Reynolds’ Facebook Page.

Map Data
The following press release was sent out from the governor’s office late in the day on March 31 announcing a new proclamation continuing the State Public Health Emergency Declaration.

**OFFICE OF THE GOVERNOR**

Governor Kim Reynolds ★ Lt. Governor Adam Gregg

FOR IMMEDIATE RELEASE: Tuesday, Mar. 31, 2020
CONTACT: Pat Garrett, (515) 802-0986

**Gov. Reynolds signs new proclamation continuing State Public Health Emergency Declaration**

DES MOINES - Today, Gov. Reynolds signed a new proclamation continuing the State Public Health Emergency Declaration. The proclamation extends regulatory relief allowing bars and restaurants to provide carry-out or delivery of alcoholic beverages until April 7, 2020. It also authorizes the sale of mixed drinks and cocktails for carry-out or delivery through April 7, 2020.
The proclamation also provides county hospitals greater borrowing flexibility, permits electronic corporate annual meetings, and eases certification requirements for law enforcement officers.

Read the full text of the proclamation below or view online [here](#):  

**Comparison of Surrounding States to Iowa**
As of 3/31/20, the following is an overview of actions taken by Iowa and surrounding states concerning disaster declarations, shelter in place orders, school closures, business closures, and travel restrictions.

<table>
<thead>
<tr>
<th>STATE</th>
<th>GOVERNORS DISASTER PROCLAMATION</th>
<th>PRESIDENTIAL DISASTER DEclaration</th>
<th>GOVERNORS SHELTER IN PLACE ORDER</th>
<th>PUBLIC SCHOOLS</th>
<th>BUSINESS CLOSURES OF RESTAURANTS, BARS, PERSONAL SERVICES, ENTERTAINMENT AND SIMILAR</th>
<th>TRAVEL RESTRICTIONS BETWEEN STATE BORDERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iowa</td>
<td>COVID-19 Emergency Declaration</td>
<td>Major Disaster Declaration #4483DR</td>
<td>None</td>
<td>Closed until further notice</td>
<td>Closed until further notice</td>
<td>None</td>
</tr>
<tr>
<td>Illinois</td>
<td>COVID-19 Emergency Declaration</td>
<td>Entire State of Illinois until 04/08/2020</td>
<td>Closed until 04/08/2020</td>
<td>Closed until further notice</td>
<td>None</td>
<td></td>
</tr>
<tr>
<td>Missouri</td>
<td>COVID-19 Emergency Declaration</td>
<td>Kansas City until 04/24/2020, St. Joseph until 04/24/2020, St. Louis until 04/23/2020, Boone County until 04/25/2020, Cass County until 04/24/2020, Clay County until 04/24/2020, Clay County until 04/24/2020,</td>
<td>Closed until further notice</td>
<td>Closed until further notice</td>
<td>None</td>
<td></td>
</tr>
</tbody>
</table>
Additional Information Resources

State of Iowa

https://coronavirus.iowa.gov/
State of Iowa Covid-19 page with resources for residents from case numbers, state agency resources, and health information.

CDC

This page provides information on COVID-19 from the CDC. At the very bottom you can sign up to receive a COVID-19 newsletter.

Iowa Department of Public Health
During her daily press conference on 3/30/2020, Governor Reynolds called upon Iowans to help make masks. IDPH previously provided guidance for making homemade masks which can be found
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Everyone needs help sometimes, Iowans who are experiencing stress, anxiety or fear related to COVID-19 can visit Your Life Iowa through the following sources:

- Web [https://yourlifeiowa.org/](https://yourlifeiowa.org/)
- Call: 855.581.8111
- Text: 855.895.8398


**Iowa Workforce Development**

Iowans who may qualify for unemployment due to COVID-19 or under the CARES Act can find information and a link to apply online here: [https://www.iowaworkforcedevelopment.gov/](https://www.iowaworkforcedevelopment.gov/)

**Volunteer Iowa**

Volunteer Iowa has set up an online volunteer event page for COVID-19-related volunteer opportunities. Opportunities are listed on the statewide online volunteer portal: [http://volunteeriowa.galaxydigital.com/need/?s=1&need_init_id=3002](http://volunteeriowa.galaxydigital.com/need/?s=1&need_init_id=3002)

Volunteer Iowa is also working to get volunteer centers, food banks, etc. to populate their volunteer needs on the portal so individuals have a place to go to search for volunteer opportunities.

**Iowa Secretary of State**

Iowa Secretary of State Paul Pate announced March 31 that his office plans to mail an absentee ballot request form to every active registered voter in the state ahead of the June 2 primary. The forms will be sent in mid-late April and will include prepaid postage for return mailing to county auditors. See the press release for additional information.  

**Small Business Loans**

Governor Reynolds announced that the U.S. Small Business Administration (SBA) has issued a disaster declaration for the state of Iowa as of January 31, 2020, and continuing. The declaration allows pandemic-impacted small businesses to apply for low-interest support loans. The declaration comes after Iowa Governor Kim Reynolds submitted a federal funding request via the SBA’s Economic Injury Disaster Loan program.

Applications can be made via the SBA’s website: [https://disasterloan.sba.gov/ela/](https://disasterloan.sba.gov/ela/)

Applicants can monitor the status of their applications online after submission.

For questions, please contact the SBA disaster assistance customer service center at 1-800-659-2955 (TTY: 1-800-877-8339) or email [disastercustomerservice@sba.gov](mailto:disastercustomerservice@sba.gov).

Additional resources for businesses can be accessed at [www.safeguardiowa.org](http://www.safeguardiowa.org).
Rumor Control

The World Health Organization has introduced a rumor control website that also has downloadable graphics. It is available: https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/myth-busters

FEMA is operating a rumor control page at https://www.fema.gov/coronavirus-rumor-control

FEMA also provides other great resources like fact sheets: https://www.fema.gov/coronavirus

Federal Coronavirus Site: https://www.coronavirus.gov/


HSEMD

JIC staff continues to post on social media.
Facebook: @IowaHSEMD  Twitter: @IowaHSEMD

Rumor control messaging for today focused on pointing out the differences between seasonal flu and COVID-19 and coping with stress.
COVID-19 IS NOT THE SAME AS THE COMMON FLU.

COVID-19 in IOWA

IS COVID-19 STRESSING YOU OUT?

Take a class

Spring clean

Play a game

Watch a movie
For assistance with graphics: molly.halverson@iowa.gov.